



The National Union of Healthcare Workers presents

MENTAL HEALTH ACCESS AND THE STANDARD OF CARE

a free Continuing Education Course for NUHW members

Now Available Online -- Information at www.nuwh.org/ce

Two (2) Credits/Contact Hours Free for NUHW members.

Target Audience:

- Certified Alcohol and Drug Counselor
- Certified Nursing Assistant (CNA)
- Licensed Vocational Nurse (LVN)
- LMFT, LCSW, LPCC, Licensed
- Medical Assistant
- Psychiatric Technician, Licensed
- Psychologist
- Registered Nurse, Licensed
- Registered Dietitian Nutritionist (RDN) and (NDTR)



Course Content and Instructional Methods: Psychiatric disorders, when left untreated, pose a serious threat to the well-being and longevity of patients. Health care workers can improve access to mental health treatment through a variety of means, including working together to change their workplaces and the healthcare system as a whole. (Lecture, Group Discussion)

Instructors:

- Daniel Gizzo, PhD, is a clinical psychologist with Kaiser Permanente in San Diego, where he also serves as Training Director. An active member of the Kaiser-NUHW Practice Committee and Regional Psychologist Workgroup, Dr. Gizzo plays an active role in increasing access to mental health care for patients.
- Kirsten Quinn Siegel, LMFT, is a mental health therapist at Kaiser Oakland. Ms. Siegel worked alongside behavioral health specialists in Northern California to better maintain the standard of care for patients.
- Kenneth Rogers, PsyD, has 15 years of experience as a clinical psychologist in the Kaiser system, most recently in Santa Clara. He was one of the leaders of a movement to improve access to mental health care and mental health outcomes across the state of California.

As a result of taking this course, participants will be able to (Course Objectives):

- Identify two barriers to care within the mental health system.
- Demonstrate how access to care can improve quality of outcomes and patient experience by giving two examples of that phenomenon from the empirical research.
- Describe two changes in practice that can remove barriers to mental health care.
- Identify two ways to make systems-level changes that can increase access and quality of mental health care.
- Identify and explain one area where the law mandates that health care workers advocate for patients.

Course Schedule:

I. Law and Ethics Defining Parity and Mental Health Access (12:30 - 1:10)

A. Parity

B. Access

C. A Brief History of Mental Health Care and Insurance Benefits

D. Mental Health Parity Act of 1996

E. Mental Health Parity and Addiction Equity Act of 2008

F. Mental Health Care and the Affordable Care Act of 2010

G. Codes of Ethics

II. Case Study: Kaiser (1:10 - 1:50)

A. Difference between mental health care and access to mental health care from a provider perspective.

B. KP parity brought into focus

C. First example that demonstrates how providers increased access and parity

D. Second example that demonstrates how providers increased access and parity

E. Assessment of progress and conclusion

BREAK 1:50 - 2:05 (No Credit)

III. Where Do We Go from Here? (2:05 - 2:45)

A. At Kaiser and beyond

1. Access Issues & Treatment Availability

2. Obstacles and Barriers to care

3. Implementation of Parity in the US

B. Evidence based interventions

1. What is Evidence Based Treatment in Psychology?

2. Patient's right to informed consent regarding treatment options

C. Continuing to improve access and quality

1. Advocating for improving patient access to quality mental health care

2. Feedback informed care

3. Deliberate Practice

4. The intersection of access and quality in mental health

5. Provider responsibility in access and quality of mental health care

IV. Questions and discussion

Certificates of Completion will be awarded immediately after the class. This live activity has no commercial support. The instructors and the program have no conflicts of interest.

Approvals: Provider approved by CCAPP-EI, Provider Number 4C-18-301-0702 for 2 CEH'S. NUHW is approved by the California Psychological Association to provide continuing professional education for psychologists. NUHW maintains responsibility for this program and its content. Provider approved by CAMFT, Approval Number 143091. Course meets the qualifications for 2 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. NUHW is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs. NUHW maintains responsibility for this program/course and its content. Provider approved by the California Board of Registered Nursing, Provider Number 16983, for 2 contact hours. Provider approved by Department of Public Health to provide continuing education for CNAs. Approved by Commission on Dietetic Registration for Registered Dietitian Nutritionists (RDN) and (NDTR).

Refund Policy: Continuing education activities are provided free of charge to NUHW members. Notice of cancellation is appreciated but not required. For those who do pay for the course, the following refund/cancellation policy applies. For live activities, registered participants who cancel more than 14 days in advance of the event will receive a full refund in 3-5 business days. No other refunds will be given. Requests for refunds must be made via email to ceadministrator@nuhw.org. For online courses, no refunds will be given. Online courses must be completed within one year of the original purchase date. After one year, access to the course may be removed and no refund will be given. If NUHW cancels an activity, registrants will be contacted by email and a full refund of any fees paid will be offered. ADA Statement: Facilities and programs are accessible to persons with disabilities. If you have a special need and plan to attend the workshop, please contact Suzanne Wilson at ceadministrator@nuhw.org with as much advance notice as is possible. Grievance Policy: Any complaints can be addressed to ceadministrator@nuhw.org. The Continuing Education Program grievance policies and procedures will be made available upon request.