

NUHW UPDATES

OCTOBER 2018

FOLLOW THE LAW AND OUR CONTRACT! EAT AND REST!

All NUHW members at Fountain Valley Medical Center have the right to enjoy a 10-minute uninterrupted rest break for every four hours worked, in addition to a 30-minute uninterrupted meal period.

If you are unable to take your meal or breaks, Fountain Valley must pay you an additional hour of pay for a missed meal and/or a missed break, under California law and our Union contract.

If you are unable to take your break or meal follow these steps:

1. Fill out the Missed Meal Form/KRONOS if you have missed a break, meal or your meal/ break was interrupted so you can get compensated.
2. Keep a copy or take a picture for your records.
3. Submit the completed form to your supervisor.

IMPORTANT:

- Never work while you are “off the clock.”
- Do not “clock out” for lunch and continue to work.
- Do not “clock out” for your shift, and “finish” up.
- Working off the clock is a liability for you and the hospital.

FREE ONLINE CONTINUING EDUCATION COURSES ARE NOW AVAILABLE FOR THE FOLLOWING CLASSIFICATIONS:

Certified Nursing Assistant

MRI Technologist

Phlebotomists

EKG/ECG Technician/Technologist

Nuclear Medicine Technologist

Respiratory Care Practitioner

Licensed Vocational Nurse

Radiological Technologist

Registered Respiratory Therapist or
Certified Respiratory Therapist

Go to www.nuhw.org/ce to register for online courses.



NUHW members at Kindred Brea hospital settled a contract after staging a picket and threatening a strike.



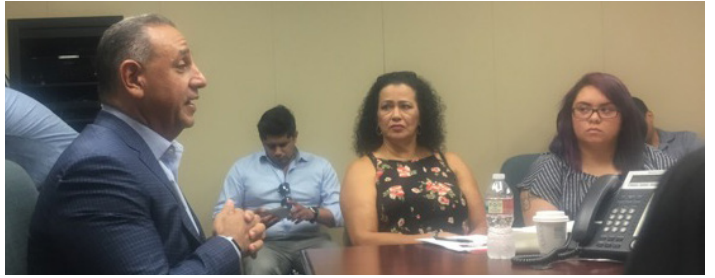
FVRMC Shop Stewards participate in annual NUHW Leadership Conference in San Francisco.

NUHW NATIONAL UNION OF
HEALTHCARE WORKERS

*For more information, please contact NUHW Organizer
Barbara Lewis at (310) 736-5544 blewis@nuhw.org.*

Do you vote by mail in the state and federal elections? If so, your should have received your ballot last week! NUHW members have endorsed the following candidates and measures:

- Gil Cisneros for Congress
- Harley Rouda for Congress
- Katie Porter for Congress
- Mike Levin for Congress
- Ashleigh Aitken for Anaheim mayor
- Josh Lowenthal for Assembly
- Yes on Measure L (Anaheim Living Wage)



Fountain Valley Sodexo Steward Dinorah Benavides listens to congressional candidate Gil Cisneros, whose district includes our hospital.

All these candidates were interviewed by NUHW members, including Shop Stewards from Fountain Valley and were endorsed because of the support they have already provided and the commitments they made to stand with us in our next contract campaign.

For more information on NUHW Endorsements go to <http://nuhw.org/endorsements>

NUHW MEMBERS IN ANAHEIM WIN BIG RAISES IN FIRST CONTRACT!

Shortly after authorizing a five-day strike, Respiratory Therapists, Radiology Techs and LVNs at West Anaheim Medical Center won a three-year contract includes raises of 16.7 to 49 percent for members who had been drastically underpaid for years.

We also won a ban on subcontracting out jobs, 100 percent free healthcare for employees, paid time for shop steward meetings, and guaranteed job security if the hospital is sold.



Shop Stewards from FVRMC, West Anaheim Medical Center and Kindred Brea Hospital at NUHW Leadership Conference pledge to support each others' contract campaigns.

KIN CARE: HERE'S HOW IT WORKS

Kin Care is protected leave that can be used to take care of a family member. This means that you cannot face any retribution for using it. The law allows you to use up to 50 percent of your yearly PTO accrual for Kin Care. It comes out of your PTO, but there are no points or penalties if you need to use it.