



As your NUHW stewards, we're reaching out today to ask that you join us in taking steps to keep ourselves, our patients, our families, and our communities safe. As you know, COVID-19 infection is now widespread in our workplace, and it's a scary and challenging time for all of us. Now, more than ever, we need to support each other and work together to contain further spread of infection.

As frontline healthcare workers, we know we can never eliminate all the risks we face each day, but there are actions we can take to make our workplace safe:

- We can get tested for free through employer-provided testing at our facility **or in orange county by calling 888-634-1123 or visiting <https://occovid19.ochealthinfo.com/covid-19-testing-and-screening>**, or by your **healthcare provider** so that if we're infected we can stay home to protect our patients and our coworkers. Testing also gives us the information we need to protect our family, friends, and members of our community who we may come into contact with.
- We can practice social distancing in the workplace as much as possible, which includes avoiding congregating in break rooms and at workstations and sharing food.
- We can continue to work with our employer to ensure we have appropriate PPE, training, safety protocols, and safe staffing levels.

As your union leaders, as your fellow caregivers working during an unprecedented public health crisis, and as your friends, we strongly urge you to join us in getting tested, and taking both individual and collective actions to keep us all healthy.

NUHW Stewards and COVID 19 Task Force

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